

**KENDRIYA VIDYALAYA SANGATHAN (HQ), New Delhi**  
**(Ek Bharat Shrestha Bharat)**

Ek Bharat Shrestha Bharat is an activity undertaken by Kendriya Vidyalaya Sangathan, every year to promotes National integration and appreciation of Indian art and culture, thus sensitising students about the rich cultural heritage of their country and also to develop the feeling of admiration and respect for the cultures of different state.

In compliance with the instruction contained in letter of, Department of School Education, MHRD dated 15 Nov 2019, calendar of activities was circulated in all Kendriya Vidyalayas. A brief of activities conducted in the month of December is as follows-

**I. Student Exchange Programme :-**

During the winter break, students of one region visited the states that they had been partnered with . The details of the states visited by the students along with the number of students who were part of the exchange programme is as under:-

Ek Bharat Shrestha Bharat Students Exchange Programme			
S.No.	Name of Regions	Paired State visited	No. of Students visited
1	Bangalore/ Karnataka	Dehradun/ Uttrakhand	20
2	Dehradun/ Uttrakhand	Bangalore/ Karnataka	33
3	Chandigarh/ Punjab	Hyderabad/ Andhra Pradesh	32
4	Hyderabad/ Andhra Pradesh	Chandigarh/ Punjab	53
5	Chennai/ Tamilnadu	Jammu/ Jammu & Kashmir	24
6	Jammu/ Jammu & Kashmir	Chennai/ Tamilnadu	37
7	Gurgaon/ Haryana	Telangana	23
8	Ranchi/ Jharkhand	Goa	48
9	Jabalpur/ Madhya Pradesh	Meghalaya	31
10	Raipur/Chhatisgarh	Ahemdabad/Gujrat	9
13	Patna/ Bihar	Mizoram	27
14	Bhubaneshwar/ Odisha	Mumbai/ Maharashtra	64
15	Tinsukia/Arunachal Pradesh	Uttar Pradesh (Agra)	22
<b>Total Students</b>			<b>463</b>



Students of Hyderabad Region visit Punjab



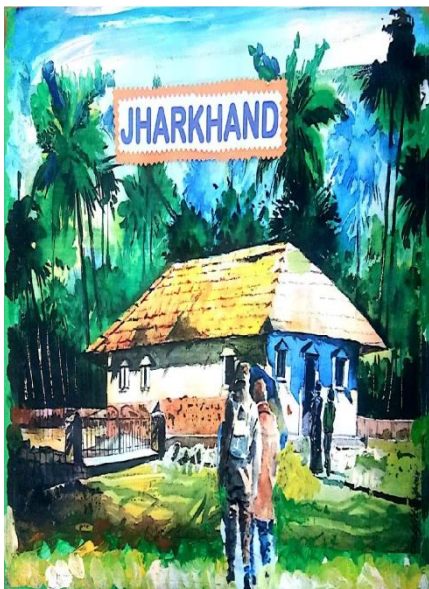
Students of Chandigarh Region visit Andhra Pradesh



Chennai Region in Jammu & Kashmir  
 A sample report of students of Silchar Region/ Arunachal Pradesh and Meghalya who visited Agra, Uttar Pradesh, is enclosed as **Annexure- A**

Gurgaon Region in Telangana

II. **Scrap Books:-** Students displayed information regarding the culture, cuisine, agriculture , economy handicraft etc of their paired state in the form of pictures, graphs, data.  
 Total number of school participated -712. Total number of Students who participated- 11374.



## BAIDYANATH

Baidyanath Jyotirlinga temple also known as Baba Baidyanath dharm is one of the twelve Jyotirlingas, the most sacred abodes of Shiva. It is located in Deoghar in the Santhal Pargana division of Jharkhand. It is a temple complex consisting of the main temple of Baba Baidyanath, where the Jyotirlinga is installed, and 51 other.

**CREATOR:** Raja Purnan Mal  
**DISTRICT:** Deoghar  
**AFFILIATION:** Hinduism  
**FESTIVALS:** Maha Shivratri, Shrawan Mela  
**DEITY:** Baba Baidyanath [Shiva]

According to Hindu beliefs, the demon king Ravana worshipped Shiva at the current site of the temple to get the boons that he later used to wreak havoc in the world. Ravana offered his ten heads one after another to Shiva as a sacrifice. Pleased with this, Shiva descended to cure Ravana who was injured. As he acted as a doctor, he is referred to as Vaidhya ["doctor"]. From this aspect of Shiva, the temple derives its name. The Maa Pashvathi temple is tied up with the main temple, with huge red saved threads.

Scanned by CamScanner


## FESTIVALS

The cultural vivacity and richness of the state of Gujarat can well be captured through the many festivals of Gujarat.

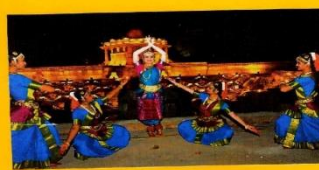
← **NAVRATRI**  
 It is celebrated around the months of October/ November with immense pomp & grandeur. The fest continues for nine nights and is an invocation of Maa Shakti (commonly referred to as Mata Rani). Dandiya nights, garba songs, folk music, competitions, exhibitions, free flow of mouth watering foods, large crowds dressed in their best garbs and fineries and an overall spirit of carnival make Navratri a one-of-a-kind festival in Gujarat.

← **RANN UTSAV**  
 The Rann Utsav has the famed Rann of Kutch as its locale. The tourism Corporation of Gujarat Limited Organises the Utsav each year around the months; February - March and the purpose remains to promote tourism in Gujarat's Kutch region. A six day fest held on the Rann makes the barren, deserted Rann come alive with all sorts of exciting sights and sounds.


SHAVNATH MAHADEV FAIR ←



→ MODHERA DANCE FESTIV



KITE FESTIVAL ←





- III. **Wall Magazine:-** Students displayed the salient features of the state on display boards of their Vidyalayas.  
526 Schools prepared the display boards on their paired state.



- IV. **Reading of News of paired states:-** Students read out the news of the partnering state every Monday in the morning assembly.  
All Vidyalayas classes I- XII.



- V. **Quiz on Partnering state :** Quiz on partnering state is organised in the morning assembly in all Vidyalayas on Friday every week.  
All Vidyalayas from students of class VI onwards.



VI. **Bhasha Sangam:** Five sentences in the language of the partnering state is organised in the morning assembly in all Vidyalayas on Wednesday every week. All Vidyalayas from students of class I onwards.



असामी - गुरु-घाउ

१. मडि मी अराळ ।  
→ मडि मी अराळ मी मडि मी अराळ ।
२. उगडा कां नी तें ?  
→ भोग कां \_\_\_\_\_ तें ।
३. तुमी रिहरी भगउ विंच यइरे तें ?  
→ मीं \_\_\_\_\_ भगउ विंच यइरा गं ।
४. तुमी रिउरे-रिउरे दिउरे यइरे तें ?  
→ मीं असामी, हिमालाक, सामाक्षिरदिगोआक, अंगरेसी यइरा गं ।
५. असामी दी किमी रिहरी तें ?  
→ असामी दी किमी गुअमी तें ।
६. सिंभं टं रिठे गूड उरु ?  
→ सिंभं टं उरु गूड उरु ।
७. घरिले गूड उरु कां नी तें ?  
→ मीं गूड उरु कां नी तें ।
८. तुमी रिउरे गुरिरे तें ?  
→ मीं अंग्रिउसग विंच गुरिरे गं ।
९. अंग्रिउसग विंच नी-री डेअन जोग तें ?  
→ अंग्रिउसग विंच उअरुग मगिच, फलिनां हाळा घाण, आउगी चारउग, उगुकाका अउरे डेअन जोग तें ।
१०. उगडे भिउा नी रीअ रगरे उरु ?  
→ भेगे भिउा विर रिमाक उरु ।
११. तुमी रिहडा आडा सिआरा यंदे तें ?  
→ अमी असी दी डेवी अडे भेरे रा माग अउरे गं ।

నెలనైనా ఇన్ తెలుగు లాంగ్వేజ్	
సభోదయం	Good morning
సభ సాయంత్రం	Good evening
సభ మధ్యాహ్నం	Good afternoon
సభ రాత్రి	Good night
నమస్కారం	Hello
నీటి	Water
వర్షం	Rain
ఆహారం	Food
ఆహారము	Nutrition
ప్రకృతిఅందం	Beauty of nature
సంప్రదాయం	tradition
స్వాగతం	Welcome
సంస్కృతి	Culture
అందమైన వస్తువు	beautiful things
మమ	love
అసాధారణం	phenomenal
బట్టలు	Clothes
నృత్యం	Dance
ఆంధ్రప్రదేశ్	Andhra Pradesh
మీము ఆంధ్రప్రదేశ్ యొక్క అందమైన మరియు అసాధారణ సంస్కృతిని నమోదు చేస్తున్నాము	
We are representing the beauty and phenomenal culture of Andhra Pradesh.	
ఆంధ్రప్రదేశ్‌ను కనుగొనడానికి నాకు అవకాశం లభించినందుకు నేను సంతోషిస్తున్నాను	
I am glad that I got a chance to discover Andhra Pradesh.	

**جوتہ کثیر سی ارس الگ درجہ 370 بیوں مانیہ۔**

**370 بیوں 5 اکت 2019ء بنیہ۔**

**31 اکتوبر 2019ء کو کینہ 4 شہاست راجا بنا دیا۔**

**دو بارہ کر یک بیٹھ 2 کینہری شہاست راجہ۔**

**جو کثیر تہ لداخ بنا و کتب لیبہ 2 کینہری شہاست راجہ۔**

**جو کثیر تہ لداخ بنا و کتب لیبہ 2 کینہری شہاست راجہ۔**

**جوتہ کثیر سی ارس الگ درجہ 370 بیوں مانیہ۔**

**370 بیوں 5 اکت 2019ء بنیہ۔**

**31 اکتوبر 2019ء کو کینہ 4 شہاست راجا بنا دیا۔**

**دو بارہ کر یک بیٹھ 2 کینہری شہاست راجہ۔**

**جو کثیر تہ لداخ بنا و کتب لیبہ 2 کینہری شہاست راجہ۔**

**جو کثیر تہ لداخ بنا و کتب لیبہ 2 کینہری شہاست راجہ۔**



## VII. State Project Notebook

A repository of thoughts and understanding about the paired states in the form of note-book and a scrap book was prepared by the students, where students expressed-

1. **What They Had Learnt** - The knowledge they acquired about the paired state through exhibition & various cultural & literary activities they had undertaken with respect to their paired state and also through their interaction with the students of the Region/State they had been paired with during the Ek Bharat Shrestha Bharat Parv.
2. **What Impressed Them the Most** - The unique aspect/feature about the paired state that had left an impression on them and required a special mention.
3. **What Is Similar Between Us** - Things they feel were similar with their own state, and which brought out the connect & essence of Unity in Diversity.

My paired state **Haryana**

I got Haryana as my paired state.

Haryana is located in the northern part of India. It was carved out of Punjab on 1<sup>st</sup> November 1966.

The Haryana comes on 21<sup>st</sup> position according to its area. It comes on 18<sup>th</sup> position on the India's population chart containing 2.5 crore people as population.

Haryana has 22 districts and 154 cities with having Chandigarh as its capital and Faridkot as its largest town.

At the present time, Manohar Lal Khattar (BJP) is the chief minister of Haryana and Satyadev Nandan Arya as Governor.

The culture of Haryana dates back to the vedic times and the people are known for their rich cultural

heritage. The people of Haryana are known for their rich folklore and strictly adhere to their own traditions and customs.

### \* Symbol of Haryana

- Mammal - Black Buck
- Bird - Black Francolin
- Flower - Lotus
- Tree - Peepal

### \* Haryani Musical Folk Theater type-

- i) Saang
- ii) Rasalila
- iii) Ragini